

GLENBURN FIGURE SKATING CLUB

Planned Program Content – Discipline (e.g. Singles):

Name of Competitor(s):

Category/Grade:

| Short Program Music | | | Free Skating Music | |
|---------------------|------------------------|---|--------------------|-----------------------|
| | | | | |
| | | | | |
| ELEMENTS IN ORDER | | | | |
| | Elements Short Program | | | Elements Free Skating |
| 1 | | | 1 | |
| | | | 2 | |
| 2 | | Γ | 3 | |
| | | | 4 | |
| 3 | | | 5 | |
| | | | 6 | |
| 4 | | | 7 | |
| | | | 8 | |
| 5 | | | 9 | |
| | | | 10 | |
| 6 | | | 11 | |
| | | Γ | 12 | |
| 7 | | | 13 | |
| | | | 14 | |
| 8 | | | | |
| | | | | |

Coach Signature & Date: _____